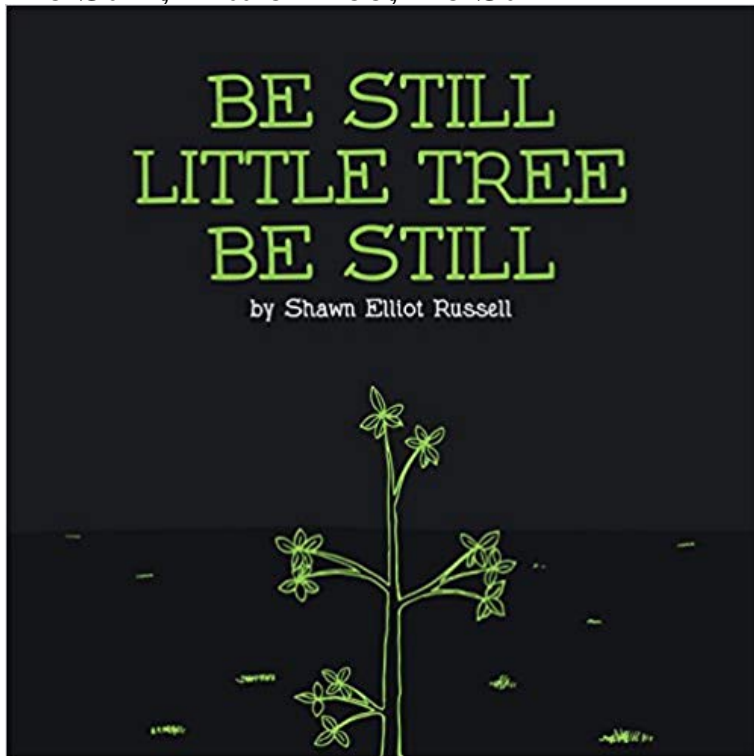


Be Still, Little Tree, Be Still



After facing a frightful thundershower that shook him to his roots, a terrified little tree learns the secret to weathering his fears and the storms of life. With the help of its beautifully vibrant illustrations, this charming tale teaches children, and adults alike, a powerful secret to overcoming fear and the most challenging obstacles: Stillness. Testimonials: In a time when it seems we need it most, *Be Still, Little Tree, Be Still* offers the perfect introduction to one of life's greatest lessons for finding peace and happiness. This beautiful allegory, elegant in its simplicity yet profound in its message, will stay by your side for years to come as you lovingly remind your child, in the face of fear and adversity, to *Be Still, Little Tree, Be Still*. When I read this well written book with lovely illustrations, I remembered being a child. I would wonder, What do I do now? when I felt lost because I didn't understand what was happening. I'm sure many children, if not all, feel like this sometimes. I'm guessing that this allegory will fulfill their need to know and then it will empower them to *Be Still, Little Person, Be Still* I would love to hear their dharma sharing about this and see their drawings and it occurs to me that it is an adults book too! Very sweet reminder for us.

Earleen Roumagoux, Wake Up Schools at Plum Village (www.wakeupschools.org)
Heartfelt and wise. A timeless lesson beautifully tailored for our youth.

Caverly Morgan, Executive Director, Peace in Schools (www.peaceinschools.org) A poignant, universally accessible metaphor of a tree who can weather any storm both within and out.

Christina Costelo, Mindful Schools (www.mindfulschools.org)

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