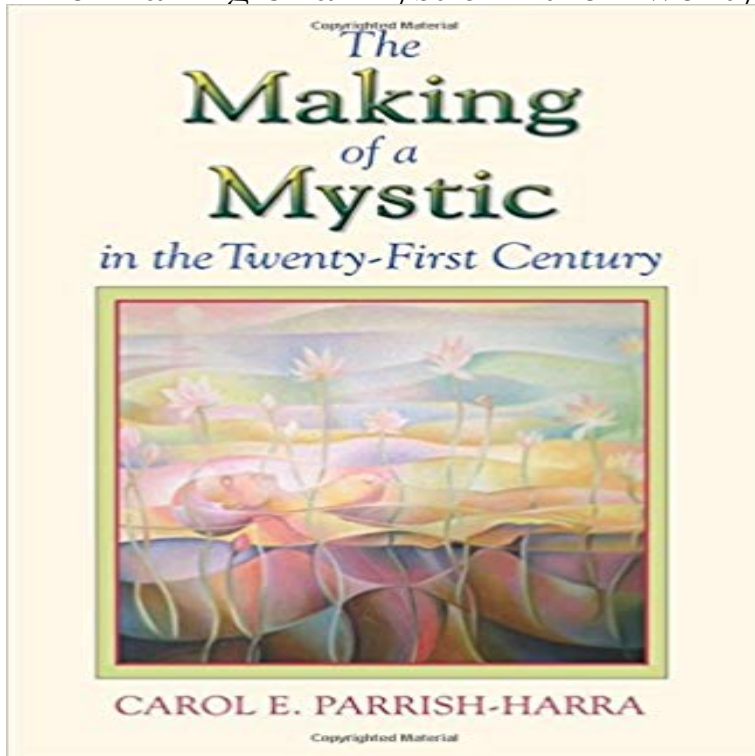


The Making of a Mystic in the Twenty-First Century



There are three major ways to follow the spiritual path: slow, fast, and the Bardo. Most people are familiar with gradual awakening by using discipline and purification practices to cleanse ones self of emotional and behavioral conditioning. Then there are others who awaken suddenly, perhaps through a near-death or out-of-body experience, and they find themselves seeing and feeling in new ways about everything, including their own subconscious (the Bardo realm). To become a mystic, however, is a step further, as it involves both an inner commitment to spiritual growth in ones daily life as well as a deeper initiation into the mysteries of ones mind. The author, Carol Parrish-Harra, is a trusted master in helping train and guide those individuals who seek to grow in their inner life---in both the pain and the ecstasy. In *The Making of a Mystic*, she shares age-old wisdom gleaned from previous generations, and adds a wealth of personal experience gained from living a mystical life in our modern world. *The Making of a Mystic* by Carol E. Parrish-Harra offers an excellent introduction to the path of mysticism by someone who has not only studied deeply but has had deep mystical experiences herself. As she writes: Our real heartfelt desire is to be in the Presence. This book describes her quest to bring this heartfelt desire to realization. It is an inspiring work for travelers on the path. Robert Powell, PhD, co-founder of the Sophia Foundation and author of *The Sophia Teachings*, *The Most Holy Trinosophia*, *The Mystery, Destiny, and Biography of Mary Magdalene*, and other works. Carol Parrish-Harra is a dynamic, spiritual trailblazer and a real visionary. Her spiritual path is a living synthesis of multiple strands of living wisdom and her story is a document of great importance. As a modern Mystic she is a source of evolutionary inspiration and spiritual

renewal, and I warmly recommend the book! Soren Hauge, Spiritual Teacher, Counsellor and Author, www.sorenhauge.com The Making of a Mystic is what I would like all newcomers to the field of spiritual Esoterics and Mysticism to read. Carol Parrish gives easy-to-read descriptions of some essential Dos and Donts from her personal experience, and warns of several traps that can befall the advanced student. A gentle, but firm entry into this vast subject. Archbishop Frank Bugge, Australian Church of Antioch-Malabar Rite The Making of a Mystic is the culmination of forty years searching, finding and sharing insights into higher reality. Carol Parrish has inspired generations of students, and her new book written in the straightforward, compelling style that is her hallmark is a must-read for all on the Path. John F. Nash, PhD, author of The Soul and Its Destiny and The Sacramental Church

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